Vitamin D Inhibits Human Immunodeficiency Virus Type 1 and *Mycobacterium tuberculosis* Infection in Macrophages through the Induction of Autophagy

Grant R. Campbell¹, Stephen A. Spector¹,²*

¹ Department of Pediatrics, Division of Infectious Diseases, University of California San Diego, La Jolla, California, United States of America, ² Rady Children’s Hospital, San Diego, California, United States of America

Abstract

Low vitamin D levels in human immunodeficiency virus type-1 (HIV) infected persons are associated with more rapid disease progression and increased risk for *Mycobacterium tuberculosis* infection. We have previously shown that 1α,25-dihydroxycholecalciferol (1,25D₃), the active form of vitamin D, inhibits HIV replication in human macrophages through the induction of autophagy. In this study, we report that physiological concentrations of 1,25D₃ induce the production of the human cathelicidin microbial peptide (CAMP) and autophagic flux in HIV and *M. tuberculosis* co-infected human macrophages which inhibits mycobacterial growth and the replication of HIV. Using RNA interference for Beclin-1 and the autophagy-related 5 homologue, combined with the chemical inhibitors of autophagic flux, bafilomycin A₁, an inhibitor of autophagosome-lysosome fusion and subsequent acidification, and SID 26681509 an inhibitor of the lysosome hydrolase cathepsin L, we show that the 1,25D₃-mediated inhibition of HIV replication and mycobacterial growth during single infection or dual infection is dependent not only upon the induction of autophagy, but also through phagosomal maturation. Moreover, through the use of RNA interference for CAMP, we demonstrate that cathelicidin is essential for the 1,25D₃ induced autophagic flux and inhibition of HIV replication and mycobacterial growth. The present findings provide a biological explanation for the benefits and importance of vitamin D sufficiency in HIV and *M. tuberculosis*-infected persons, and provide new insights into novel approaches to prevent and treat HIV infection and related opportunistic infections.

Introduction

Human immunodeficiency virus type-1 (HIV) is a global health problem that has infected 60 million people and caused 25 million deaths worldwide. Currently, there are an estimated 33 million people living with HIV including 2 million children. Despite the immune defense mechanisms that the host deploys against HIV and improved antiretroviral therapies, the virus persists in long lived cells including resting T cells, macrophages and dendritic cells. One-third of HIV-infected individuals are co-infected with *Mycobacterium tuberculosis*, a leading cause of death among people living with HIV. It has been proposed that the increase in *M. tuberculosis* pathogenicity associated with HIV infection is caused by the disruption of the local immune response within the tuberculosis granulomas, decreasing their ability to contain *M. tuberculosis* leading to increased mycobacterial replication, dissemination and clinical disease [1–5]. Several studies have linked vitamin D deficiency (25-hydroxycholecalciferol (25D₃) deficiency) with an increased risk for susceptibility to tuberculosis and active disease both in the presence [6] and absence of HIV infection [7–14]. Few studies have examined the association between vitamin D status and HIV disease progression and survival. However, the data available suggest that HIV-infected individuals have lower levels of 25D₃ and/or the vitamin D3 active metabolite, 1α,25-dihydroxycholecalciferol (1,25D₃) than uninfected individuals [15–21] with the lowest concentrations found in persons with AIDS [19,20]. Additionally, women with low levels of 25D₃ have an increased risk of HIV disease progression [22] and infants born to HIV-infected mothers with low 25D₃ levels have an increased risk of HIV infection and increased mortality [23]. Although 25D₃ has no direct anti-mycobacterial or antiretroviral effect, its hormonally active form, 1,25D₃, modulates the immune response and has been shown to exert both anti-mycobacterial [24–27] and anti-HIV effects [27,28] in vitro.

Macroautophagy (herein referred to as autophagy) is a trafficking pathway whereby cytoplasmic constituents such as sub-cellular organelles and microbial pathogens are engulfed by autophagosomes which fuse with lysosomes, forming autolysosomes, degrading the engulfed components. As an obligatory intracellular parasite, HIV survival is dependent upon its ability to exploit host cell machinery for replication and dissemination and to circumvent cellular processes that prevent its growth. During infection, HIV down regulates Beclin-1 and microtubule-associated protein 1 light chain 3B (LC3B-II), reducing both basal autophagy and the numbers of autophagosomes per cell [29,30]. However, silencing of autophagy proteins inhibits HIV infection of...
Author Summary

Macroautophagy (autophagy - ‘self-eating’, lysosome-dependent degradation and recycling of the intracellular components in response to stress) is an important host defense mechanism against viral and mycobacterial infections. Recent studies have described that activation of autophagy in macrophages reduces the viability of Mycobacterium tuberculosis and HIV due to an intimate autophagy-phagocytosis interaction. Low serum levels of the 25-hydroxycholecalciferol form of vitamin D have been associated with an increased risk for active tuberculosis and HIV disease progression as well as M. tuberculosis susceptibility. In this study, we report that the active form of vitamin D, 1α,25-dihydroxycholecalciferol inhibits the replication of HIV and M. tuberculosis in a concentration dependent manner. Moreover, by inhibiting key stages in the autophagy pathway, we demonstrate that the inhibition of HIV and mycobacterial growth during single infection or dual infection is dependent not only upon the induction of autophagy, but also through phagosomal maturation. Furthermore, through the use of RNA interference for the human cathelicidin microbial peptide we demonstrate that cathelicidin is essential for the 1α,25-dihydroxycholecalciferol induced autophagic flux and inhibition of HIV replication and mycobacterial growth. These findings suggest that the induction of autophagy has the potential to be useful in the treatment of persons co-infected with HIV and M. tuberculosis.

Results

1,25D3 Inhibits HIV replication in human macrophages in the presence of M. tuberculosis infection

Previous studies have demonstrated that physiological concentrations of 1,25D3 have indirect antimicrobial activity against M. tuberculosis and HIV. However, to date, no study has assessed the ability of physiological levels of 1,25D3 to inhibit HIV during M. tuberculosis co-infection. Therefore, we initially assessed whether 1,25D3 on productive HIV and M. tuberculosis infection of macrophages. We demonstrate that 1,25D3 inhibits HIV replication and mycobacterial growth using autophagic machinery.

1,25D3 Inhibits M. tuberculosis in human macrophages in the presence of HIV infection

To evaluate the capacity of 1,25D3 to suppress the mycobacterial growth in HIV-infected macrophages, MDM were infected with M. tuberculosis H37Rv at infection ratios (M. tuberculosis:target cell) of 8:1. Cells were then cultured for 7 d in the presence of varying concentrations of 1,25D3 after which they were lysed and the number of colony forming units (cfu) of M. tuberculosis in macrophages enumerated. There were no statistically differences observed in cfu at day 0. However, at day 7, 1,25D3 induced a dose-dependent reduction in cfu counts that became significant at 50 pmol/L (P<0.001; Figure 1B). This observed effect was dependent upon macrophage infection by M. tuberculosis as 1,25D3 had no effect on mycobacterial viability when grown in cell culture media or Middlebrook 7H9 broth alone (data not shown). Moreover, 1,25D3 also induced a dose-dependent reduction in M. tuberculosis-positive cells as assessed by flow cytometry (Figure 1B). The effect of HIV infection on the capacity of macrophages to limit mycobacterial growth was next assessed. Although the presence of HIV resulted in a slightly increased cfu count at day 7, there were no significant differences both in cfu count or in growth index (cfu day 7:cfu day 0) compared with M. tuberculosis only treated cells. In the presence of HIV infection, 1,25D3 treatment was associated with a dose-dependent reduction in mycobacterial viability that became statistically significant at 50 pmol/L, at which point the cfu count was less than at day 0 (8.9×10^3 versus 7.5×10^3 cfu/well; P=0.001; Figure 1B). Flow cytometry also revealed that 100 pmol/L 1,25D3 significantly inhibited mycobacterial growth (Figure 1B). Dilutions of the lysates were also run in a Mycobacteria Growth Indicator Tube 960 apparatus (MGIT 960). 1,25D3 induced a dose-dependent increase in time to positive (75 growth units) both in the presence and in the absence of HIV infection indicating a smaller initial mycobacterial count post 1,25D3 treatments (Figure 1C).

1,25D3 Induces autophagy in human macrophages in the presence of M. tuberculosis and HIV-co-infection

It has previously been demonstrated that 1,25D3 induces autophagy in human macrophages during infection with either HIV or M. tuberculosis. However, no study has investigated the effect of 1,25D3 on autophagy during co-infection. Therefore, the ability of 1,25D3 to induce autophagy in HIV and M. tuberculosis co-infected human macrophages was assessed. An established molecular marker for the induction of autophagy is the degree of LC3B lipidation [32]. During autophagy, cytosolic LC3B-I is converted to LC3B-II by a ubiquitin-like system that involves autophagy related protein-7 (ATG7), ATG3 and the ATG5-ATG12 complex. The ATG3-ATG12 complex ligates LC3B-II to the nascent autophagosome membrane through phosphatidylethanolamine with the LC3B-II associated with the inner membrane degraded after fusion of the autophagosome with lysosomes. Therefore, the conversion of LC3B-I to LC3B-II and its turnover is an indicator of autophagy induction and flux [32]. 1,25D3 treatment of MDM induced an increase in LC3B-II in cells that were incubated with HIV and/or M. tuberculosis (Figure 2A). The accumulation of LC3B-II was increased in the presence of the lysosomal protease inhibitor pepstatin A regardless of infection status (Figure 2B), indicative of autophagic flux [33]. When autophagosomes are formed, LC3B redistributes from a soluble diffuse cytosolic pattern to an insoluble autophagosome-associated vacuolar pattern [34,35] allowing the quantification of autophagosome-associated LC3B-II in human macrophages using saponin resistance and flow cytometry [35]. Staining for endol-
enous LC3B in saponin washed macrophages revealed that the percentage of cells containing a saponin resistant fraction significantly increased with dose of 1,25D3 ($P<0.05$; Figure 2C).

In uninfected cells and in HIV and/or M. tuberculosis infected cells, co-treatment with pepstatin A significantly increased the percentage and fluorescent signal of cells containing a saponin resistant fraction upon treatment with 100 pmol/L 1,25D3 indicative of autophagic flux ($P<0.05$; Figure 2D). Another control to confirm that the increase in LC3B-II observed in 1,25D3 treated cells during HIV and/or M. tuberculosis infection represents increased autophagic flux, rather than an accumulation of LC3-positive autophagosomes is the measurement of polyubiquitin-binding protein p62 (sequestosome 1) degradation through immunoblotting as p62 binds LC3B [33]. Inhibition of autophagy leads to an increase in p62 protein levels while p62- and LC3-positive bodies are degraded in autolysosomes during autophagic flux [36]. HIV and/or M. tuberculosis infected MDM were subjected to 1,25D3 stimulus for 7 d after which p62 protein levels were measured by western blot analysis. 1,25D3 treatment induced a decrease in p62 protein levels in HIV and/or M. tuberculosis infected MDM compared to vehicle-treated cells, corresponding to a stimulation of autophagic flux (Figure 2E).

Although there was an increase in autophagic markers in the absence of visible pyknosis, karyorrhexis, or plasma membrane blebbing, it was important to confirm that the cells were not undergoing cell death at the physiological concentrations being used, as the induction of excessive autophagy can cause cell death in mammalian cells in experimental systems in vitro [37]. Therefore, plasma membrane breakdown (as a sign of cytotoxicity) using the lactate dehydrogenase assay was measured in combination with the WST-1 assay that measures the activity of the mitochondrial respiratory chain (as an indicator of viable cells). After 7 d at physiological concentrations, 1,25D3 exhibited no cytotoxic effects in the presence or absence of HIV and/or M. tuberculosis infection ($P>0.05$; Figure 2F).

1,25D3-Mediated autophagy inhibits the replication of HIV and M. tuberculosis in co-infected macrophages

Recent studies have demonstrated that physiological levels of 1,25D3 inhibit M. tuberculosis [38] and HIV [28] through

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**Figure 1. 1,25D3 inhibits HIV and M. tuberculosis replication.** MDM were incubated with 1,25D3 for 4 h before infection with HIV and/or M. tuberculosis (TB) for 3 h, washed then incubated with or without 1,25D3 for 7 days. (A) Top, extracellular release of HIV p24 antigen into the cell supernatant at days 0, 4 and 7 was detected by ELISA. Bottom, MDM were harvested and stained for HIV p17. Histograms are shown for a representative donor. (B) Top, cells were lysed after 3 h exposure to infectious agents or at the completion of the infection phase. Intracellular mycobacteria were harvested and assayed for mycobacterial growth at day 0 and day 7. Bottom, MDM were harvested and stained for mycobacteria. Histograms are shown for a representative donor. (C) Cell lysates from panel B were diluted and run in a MGIT 960. Bar and line graphs are reported as mean ± s.e.m. of three independent experiments performed in triplicate. $P<0.05$; * $P<0.001$. doi:10.1371/journal.ppat.1002689.g001
autophagy dependent mechanisms. Therefore, it was important to investigate the relationship between infection status and the 1,25D3-mediated induction of autophagy. At 7 d post- HIV infection, the majority of MDM were positive for HIV p17 (Figure 3A). Treatment with 100 pmol/L 1,25D3, reduced the number of cells with detectable HIV p17 and was accompanied by an overall reduction in mean HIV p17 antibody fluorescence that was greatest in cells that also exhibited saponin resistant LC3B-II (Figure 3A).

In the absence of 1,25D3 and HIV infection, incubation of MDM with M. tuberculosis for 7 days resulted in 75% of MDM becoming positive for M. tuberculosis, one third of which were also positive for saponin resistant LC3B-II (Figure 3B). All M. tuberculosis negative cells were saponin resistant LC3B-II negative. 100 pmol/L 1,25D3 significantly decreased the number of M. tuberculosis positive cells (P=0.002; Figure 3B) while concomitantly increasing the number of saponin resistant LC3B-II positive cells.

Co-culture of MDM with both HIV and M. tuberculosis for 7 days resulted in the inhibition of saponin resistant LC3B-II that appeared in M. tuberculosis-only infected MDM. Similar to HIV and M. tuberculosis-only infections, incubation with 100 pmol/L 1,25D3 increased the numbers of saponin resistant LC3B-II positive cells while reducing the number of M. tuberculosis positive...
but not HIV p17 positive cells (Figure 3C and 3D). Cells co-infected with HIV/M. tuberculosis demonstrated saponin resistant LC3B-II when treated with 50 pmol/L 1,25 D3, while cells infected with HIV did not show saponin resistant LC3B-II when treated with 50 pmol/L 1,25 D3. (Figure 3D).

The contribution of 1,25D3-induced autophagy in 1,25D3-mediated inhibition of HIV and mycobacterial growth was investigated by inhibiting sequential steps of the autophagy pathway. As the physical interaction of class III phosphatidylinositol 3-kinase with Beclin-1 forms the phosphatidylinositol 3-kinase class III kinase complex and this complex is essential for the induction of autophagosome formation at the vesicle elongation step, RNAi for Beclin-1 was initially employed. Concomitant with the findings that HIV utilizes autophagic machinery for replication [28,31,39], the supernatant p24 antigen concentration in Beclin-1 silenced cells was decreased in the absence of 1,25D3 regardless of M. tuberculosis infection status. In the absence of M. tuberculosis infection, Beclin-1 silencing (Figure 4A) significantly reversed the 1,25D3 mediated inhibition of HIV at day 7 from 91% to 44% (P<0.001; Figure 4B). Conversely, in the presence of M. tuberculosis infection, Beclin-1 silencing reduced 1,25D3 inhibition of HIV infection from 88% to 15% (P<0.001; Figure 4B).

In the absence of HIV, Beclin-1 silencing increased mycobacterial growth 51% at day 7 increase compared with the scrambled non-target control RNAi treated cells (P=0.0006). HIV co-infection increased this difference to 55% (P<0.001) although the difference between the cfu counts between the M. tuberculosis and HIV/M. tuberculosis co-infected Beclin-1 RNAi transduced cells was not significant (P=0.36). The effect of 1,25D3 on the capacity of macrophages to limit mycobacterial growth was next assessed. Beclin-1 silencing protected against the anti-mycobacterial effects of 1,25D3 both in the presence and in the absence of HIV infection (P>0.05; Figure 4C). A similar profile was observed using the MGIT 960 (Figure 4D).

During autophagy, cytosolic LC3B-I is converted to LC3B-II by an ubiquitin-like system that involves the autophagy-related 7 (ATG7) homologue, ATG3 and the ATG5-ATG12 complex. The ATG5-ATG12 complex ligates LC3B-II to the nascent autophagosome membrane through phosphatidylethanolamine. Therefore, RNAi of ATG5 inhibits autophagosome formation. In agreement with the above findings that HIV was inhibited through Beclin-1 silencing, ATG5 silencing (Figure 5A) also had an inhibitory effect on HIV replication alone and in the presence of M. tuberculosis co-infection (Figure 5B). In the absence of M. tuberculosis infection, ATG5 silencing significantly reduced 1,25D3 inhibition of HIV infection from 88% to 15% (P<0.001; Figure 5B).
In the presence of *M. tuberculosis* co-infection, ATG5 silencing reduced the 1,25D3 mediated inhibition of HIV at day 7 from 91% to 4% (*P*, 0.001; Figure 5B). As for Beclin-1 RNAi, *M. tuberculosis* growth was significantly increased in HIV infected and uninfected ATG5 silenced cells in the absence of 1,25D3 treatment (*P*, 0.003; Figure 5C). Moreover, the effect of 1,25D3 on the capacity of macrophages to limit mycobacterial growth was severely diminished both in the presence and absence of HIV infection (*P*,<0.001; Figure 5C). A similar profile was observed using the MGIT 960. Mycobacterial growth was similarly increased after bafilomycin A1 treatment in the absence of 1,25D3 in both infection models although this was not significant. Bafilomycin A1 significantly reduced the inhibitory effect of 100 pmol/L 1,25D3 both in the presence (*P* = 0.05; Figure 6B) and absence of HIV infection (*P* = 0.06; Figure 6B). We obtained comparable results using the MGIT 960 with 100 pmol/L 1,25D3 significantly inhibiting mycobacterial growth both in the presence and absence of HIV infection (*P*<0.0001; Figure 6C).

These results suggest that the acidic pH of autophagolysosomes is required for the autophagy-mediated control of both HIV replication and *M. tuberculosis* growth by 1,25D3.

After lysosomes fuse with autophagosomes to form autophagolysosomes, the sequestered components are then degraded by lysosomal hydrolases and presumably released into the cytosol by...
lysosomal efflux permeases. Therefore the effect of lysosomal hydrolases in 1,25D3-mediated inhibition of HIV and M. tuberculosis through autophagy was examined using SID 26681509, a novel thiocarbazate specific inhibitor of the lysosome hydrolase cathepsin L. In the absence of 1,25D3 there was no net inhibition of either HIV or M. tuberculosis growth (Figure 7A). Moreover, in the presence of 1,25D3, SID 26681509 abrogated the inhibition of both HIV and M. tuberculosis (Figure 7B and 7C). Together, these data indicate that the 1,25D3-mediated induction of autophagy in macrophages inhibits HIV and M. tuberculosis replication regardless of co-infection status.

1,25D3-Mediated autophagy and inhibition of HIV and M. tuberculosis is dependent upon the expression of human cathelicidin microbial peptide

Previous studies have demonstrated that the human cathelicidin microbial peptide (CAMP) is required for the 1,25D3 mediated antimycobacterial activity against M. tuberculosis [38,40] and the 1,25D3-mediated autophagy in human macrophages [38]. To address the role of CAMP in 1,25D3-induced antimicrobial activity, RNAi for CAMP was employed. Transduction of shCAMP into MDM completely silenced the 1,25D3-induced expression of CAMP during HIV and M. tuberculosis co-infection (Figure 8A). Moreover, CAMP silencing markedly inhibited 1,25D3-induced autophagy, whereas MDM transduced with a scrambled (shNS) showed increased saponin resistant LC3, consistent with autophagosome formation. Concomitant with our findings that autophagy is required for the restriction of HIV replication, CAMP silencing reduced 1,25D3 inhibition of HIV both alone (90% shNS versus 10% shCAMP; \( P, 0.001 \); Figure 8C) and in the presence of M. tuberculosis infection (91% shNS versus 10% shCAMP; \( P, 0.001 \); Figure 8C). Moreover, CAMP silencing completely blocked the 1,25D3-mediated antimycobacterial activity (\( P, 0.001 \); Figure 8D). These data suggest that CAMP is required for 1,25D3-mediated antimicrobial activity against both intracellular M. tuberculosis and HIV in human MDM.

Discussion

Despite much progress in the care and treatment of persons infected with HIV and those suffering from tuberculosis, the two pathogens are inextricably linked as important causes of morbidity and mortality worldwide. Thus, the effective treatment of persons...
co-infected with HIV and *M. tuberculosis* remains a major unmet challenge. In the case of tuberculosis, administration of vitamin D and/or sunlight exposure has a long and colorful history [11]. In fact, the beneficial effects of cod liver oil in the treatment of tuberculosis were first recognized in 1849 and Niels Finsen received the Nobel Prize in 1903 for his discovery of ultra-violet light as an effective therapy for the cutaneous form of tuberculosis, lupus vulgaris. However, more than 100 years later, the therapeutic benefits of vitamin D and the plasma levels of 25D3 required to provide clinical benefit remain controversial [41,42]. Our results demonstrate that physiological concentrations of 1,25D3 inhibit both HIV and *M. tuberculosis* replication in human macrophages through an autophagy and CAMP dependent mechanism, and that 1,25D3 can act as a potent stimulator of innate antimicrobial responses. The ability of macrophages to kill intracellular pathogens is pivotal to the outcome of microbial infections. Within macrophages, *M. tuberculosis* and HIV reside in phagosomes and evade host microbial mechanisms by blocking phagosome maturation and fusion with lysosomes [39,43]. However, the host can overcome this block through the induction of autophagy [28,44,45]. Previous studies have shown that physiological concentrations of 1,25D3 mediate the induction of autophagy and the individual killing of *M. tuberculosis* [38] and HIV [28]. To our knowledge the present study is the first to demonstrate that 1,25D3 inhibits both *M. tuberculosis* and HIV co-infection of macrophages through the induction of autophagy mediated by CAMP.

The *in vitro* findings reported here are supported by association studies that have linked low levels of 25D3 and/or 1,25D3 with increased risk of, or severity of infection with HIV [15–23] and *M. tuberculosis* [7–10,12–14,21]. Why HIV-infected individuals tend to have lower levels of 1,25D3 and/or 25D3 is largely unknown but is thought to be related to inadequate renal 1α-hydroxylation mediated by pro-inflammatory cytokines and/or a direct effect of
antiretroviral drugs [16,19,46]. The effects of HIV viral products on 1,25D3 and/or 25D3 syntheses have not been evaluated. Vitamin D deficiency is conservatively defined by most experts as <50 nmol/L 25D3 [47]; 52–72 nmol/L 25D3 is considered to indicate insufficiency and >73 nmol/L considered sufficient [47]. In contrast to this, the estimated mean concentration of 25D3 present in people worldwide is just 54 nmol/L [48]. Four genes are known to contribute to the variability of serum 25D3 concentrations: 7-dehydrocholesterol reductase (involved in cholesterol synthesis and the availability of 7-dehydrocholesterol in the skin), 25-hydroxylase CYP2R1 (cytochrome P450, family 2, subfamily R, polypeptide 1) and CYP24A1 (cytochrome P450, family 24, subfamily A, polypeptide 1) (degrades and recycles 1,25D3) and GC (group-specific component [vitamin D binding protein]) which encodes for the vitamin D binding protein. Genetic variations at these loci were recently identified to be significantly associated with an increased risk of 25D3 insufficiency [49].

A better understanding of the pathogenesis of tuberculosis will be necessary if novel interventions are to be developed to effectively treat persons infected with M. tuberculosis and HIV. The induction of autophagy to enhance treatment is attractive for a number reasons including: 1) autophagy would work at the cellular level to improve intracellular killing of both pathogens; 2) enhanced autophagy is likely to be equally active against multi-drug resistant (MDR) and extensively drug resistant (XDR) M. tuberculosis as it is against drug sensitive M. tuberculosis; 3) autophagy has the potential to inhibit non-replicating HIV and M. tuberculosis within endosomes; 4) autophagy promotes innate and adaptive immunity; and 5) HIV or M. tuberculosis resistance is unlikely to develop.

The characterization of the 1,25D3 mediated antimicrobial mechanism in macrophages provides further evidence of the link between vitamin D and the immune system. The intracellular nature of this mechanism suggests that the ability of 25D3 to promote M. tuberculosis and HIV killing could be affected by the efficiency of the synthesis of 1,25D3 by macrophages. Unlike the parathyroid-

Figure 7. SID 26681509 inhibits the 1,25D3 mediated inhibition of HIV and M. tuberculosis replication. MDM were pretreated with SID 26681509 (SID) before treatment with 1,25D3 and subsequent infection with HIV and/or M. tuberculosis (TB). (A) ELISA performed for HIV p24 antigen release at days 0, 4 and 7. (B) Intracellular mycobacteria were harvested and assayed for mycobacterial growth by cfu enumeration at day 0 and 7. (C) Intracellular mycobacteria harvested and assayed for viability using the MGIT 960 based on time to positivity at day 0 and 7. All bar and line graphs are reported as mean ± s.e.m. of three independent experiments performed in triplicate. § P<0.05; * P<0.01.
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hormone responsiveness of renal cytochrome P450, family 27, subfamily B, polypeptide 1 (CYP27B1), extra-renal CYP27B1 is not subject to the same feedback control so that the local synthesis of 1,25D3 in macrophages probably reflects the availability of 25D3. Toll-like receptor 2/1 agonists and interferon gamma upregulate the expression of the CYP27B1 which 1α-hydroxylates 25D3 into 1,25D3, activating and upregulating the expression of the vitamin D (1,25D3) receptor (VDR) leading to the induction of CAMP and autophagic flux [50,51]. When serum is 25D3 deficient, TLR2/1 agonists (<25 nmol/L) [50] and interferon gamma (<45 nmol/L) [51] are unable to induce the expression of CAMP from monocytes or macrophages.

In the present study we demonstrate that the 1,25D3-induced autophagy and anti-mycobacterial activity was dependent on the expression of endogenous CAMP in agreement with previous findings [38]. Moreover, by using RNAi for CAMP we demonstrate, for the first time, that the 1,25D3 induced autophagy and subsequent autophagy-induced antiretroviral activity is dependent upon endogenous CAMP expression. This finding highlights the importance of endogenous CAMP during autophagy induction and antiretroviral activity. High concentrations of exogenous synthetic cleaved form of CAMP (LL-37) have been shown to reduce mycobacterial growth [25,38,40] and HIV replication [29]. However, at the much lower concentrations secreted in vitro by 1,25D3 treated macrophages, exogenously added LL-37 has not been shown to have an inhibitory effect on either organism [25,28] or induce the formation of autophagosomes [28]. However, Yuk et al. [38] clearly showed that CAMP is upstream of Beclin-1 and ATG5 induction post-1,25D3 treatment and we show that in CAMP silenced cells 1,25D3 fails to induce LC3B lipidation. Further work is necessary to determine the precise role CAMP has in 1,25D3 induced autophagy and antimicrobial activity.

When modeling the replication of mycobacteria in human cells, we used the standard protocol of incubating macrophages with M. tuberculosis followed by washing the cells of non-phagocytosed bacilli. In this way, the intracellular replication of mycobacteria in macrophages can be assessed. However, M. tuberculosis is able to replicate extracellularly in vivo and as would be expected, we observed that 1,25D3 had no effect on M. tuberculosis survival in the extracellular compartment. In addition, as the cfu assay is cumbersome for high-throughput analyses, we adopted and ran samples in the MGIT 960 using a standard curve derived from the untreated macrophage cell lysates and found that the results obtained with this method were closely aligned with those obtained using the more subjective cfu method. This procedure can be used to more rapidly and efficiently screen compounds for the ability to inhibit M. tuberculosis replication compared to the standard assay.

In summary, this study establishes a role for autophagy during the early phases of HIV infection and demonstrates that the induction of autophagy by 1,25D3 can inhibit HIV and M. tuberculosis co-infection in macrophages. Well-controlled clinical trials are needed to determine if vitamin D supplementation is of value for prevention or as adjunctive treatment in HIV-infected persons against active tuberculosis. Dissecting the molecular mechanisms by which HIV and M. tuberculosis utilize autophagy has the potential to lead to the identification of novel drug candidates that can be used to prevent and treat HIV infection and related opportunistic infections including tuberculosis.

**Materials and Methods**

**Ethics statement**

Venous blood was drawn from HIV seronegative subjects using a protocol that was reviewed and approved by the Human
HIV and M. tuberculosis Inhibition by Vitamin D and Autophagy

Isolation and cultivation of human monocyte derived macrophages

Peripheral blood mononuclear cells were isolated from whole blood by density gradient centrifugation over Ficoll-Paque Plus (GE Healthcare). Cells were then incubated overnight at 37°C, 5% CO₂ in RPMI 1640 (Gibco) supplemented with 10% (v/v) charcoal/dextran treated, heat-inactivated fetal bovine serum (FBS; Gemini Bio-Products) and 10 ng/mL macrophage colony stimulating factor (R&D Systems), after which non-adherent cells were removed by aspiration. The same lot of FBS was used throughout all experiments. Monocyte derived macrophages were obtained by incubating the adherent population in the culture medium at 37°C, 5% CO₂ for a further 10 days. The recovered cells were >95% CD163⁺, as determined by flow cytometry.

Chemicals and inhibitors

1,25D₃, pepstatin A, bafilomycin A₁ and SID 26681509 were purchased from Sigma. Bafilomycin A₁ and SID 26681509 were used at 100 and 50 nmol/L, respectively with pretreatment for 1 h before addition of 1,25D₃ or vehicle control. Cytotoxicity of the used chemicals at the concentrations used was tested by the trypan blue dye exclusion assay, and none was found to be different.

shRNA Transduction

MISSION small hairpin (shRNA) lentiviral particles were obtained from Sigma. Lentiviral transduction of MDMs with particles for shRNAs targeting ATG5 (SHCLNV-NM_004849/TRCN0000530940), Beclin-1 (SHCLNV-NM_003766/TRCN000033551), CAMP (SHCLNV-NM_004345/TRCN000011865), or scrambled non-target negative control (Scr, SHC002V) was performed according to the manufacturer’s protocol. Electrophoresis and immunoblotting was as previously described [28].

HIV and M. tuberculosis strains and growth conditions

HIVΔt was obtained through the AIDS Research and Reference Reagent Program, from Suzanne Gartner and Robert Gallo [52,53]. Virus stocks were prepared and titered as previously described using the Alliance HIV p24 antigen enzyme-linked immunosorbent assay kit (ELISA; Perkin Elmer) [54]. M. tuberculosis H37Rv was kindly provided by Janice Kaping, University of California San Diego. Stock strains were grown for 7–10 days to reach mid-exponential growth phase in Middlebrook 7H9 broth and serial dilutions of each sample were plated in quadruplicate on Middlebrook 7H10 agar with OADC enrichment (BD Diagnostics) and incubated at 37°C and 5% CO₂ for 30 days. CFU were enumerated using a stereomicroscope. The results are expressed as mean ± SE of CFU/well.

Flow cytometry.

Intracellular staining of endogenous saposin resistant LC3B was performed as previously described [28,35] using rabbit anti-LC3B (D11) mouse anti-Gag-p17 (2D11) (Abcam) and chicken anti-M. tuberculosis antigen 85A (Sigma) followed by allophycocyanin (APC) conjugated goat anti-rabbit IgG, fluorescein isothiocyanate (FITC) conjugated goat anti-mouse IgG1 and phycoerythrin (PE) conjugated goat anti-chicken IgY (Santa Cruz Biotechnology).

Statistical analysis

Two-tailed, Student’s t tests, 𝑧 = 0.05, were used to assess whether the means of two normally distributed groups differed significantly.

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**Author Contributions**

Conceived and designed the experiments: GRC SAS. Performed the experiments: GRC. Analyzed the data: GRC SAS. Contributed reagents/materials/analysis tools: SAS. Wrote the paper: GRC SAS.

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